

The Pathway Guide by Dwayne Moore

SAMPLE

WEEK 1

An Invitation to Awareness

Learning to Notice and Acknowledge God

This Week's Habit: Acknowledge God First

What It Forms: Foundational Awareness

For deeper study: Read Chapter 1, “Worship Begins with God,” in *Learning to Worship God*.

Worship is not just something we do—it is a way of life.

This week, you are not trying to become something new.
You are simply learning to become more aware.

If you know Christ, then God is already present in your life—already at work around you.

But it is easy to move through each day without noticing Him.

Worship begins when your attention shifts—
when you begin to see Him, respond to Him, and include Him in your everyday moments.
Awareness shapes becoming.

This week is not about doing more.
It is about *noticing* more. It's about acknowledging God in all your ways.

Scripture Anchor

“Present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship” (Romans 12:1).

The Flow of Worship

As we saw in the introductory pages, worship is more than music. The core message of our ministry at NLW is that worship flows in three directions:

Inward → Upward → Outward

- **Inward** — Devotion begins in the heart.
- **Upward** — Worship is expressed toward God.
- **Outward** — Worship shapes how we live and influence others

What's Inside Eventually Comes Out

A tea kettle reveals what is happening inside it.

As the water heats, pressure builds.
Eventually, the kettle begins to whistle.

Our lives work similarly.

What fills our hearts eventually shapes:

- our words
- our attitudes
- our responses
- our relationships

Worship is not only something expressed outwardly.
It first begins inwardly.

As our hearts become centered on God, worship begins to rise toward Him—and then overflow into the way we live and love others.

What is happening inside you will eventually be revealed through you. When a life is filled with worship, it cannot help but overflow.

WEEK 1

WHERE WORSHIP BEGINS

Inward → Upward → Outward

*What fills the
heart eventually
shapes the life.*



FROM GOD

Inward Worship



TO GOD

Upward Worship



FOR OTHERS

Outward Worship

*Worship begins with what we receive from God
and overflows into how we love Him and others.*

Simple But Profound

Over the years, I have seen this simple illustration help people understand worship in an entirely new way.

As we learn in *Learning to Worship God*, true worship begins inwardly before it overflows outwardly.

I have watched people rediscover joy, intimacy with God, and renewed spiritual purpose simply by learning to live with a heart of worship throughout the day.

Don't be fooled by the simplicity of this picture. Its implications are profound.

Once you begin to understand worship as a whole-life response to God, it becomes difficult to return to a view of worship that is limited to a few moments on Sunday.

This Week's Emphasis

This week, simply become more aware.

Notice a sunset, then acknowledge the Giver. Listen to birds sing, then thank the One who made them.

Pay attention to God's presence throughout your day.

Here's a simple way to begin. Don't overcomplicate it.

Daily Rhythm

1. Pause

Take a moment to slow down and acknowledge God's presence.

"God, You are here."

2. Notice

Read the Scripture again slowly.

Ask: “What would it look like to love God like this today?”

3. Acknowledge

Throughout your day, occasionally ask yourself:

- Am I acknowledging God right now?
- What is shaping my thoughts in this moment?
- Am I responding to life with Him in mind?

4. Respond

When you notice misalignment, don’t ignore it.

Instead respond:

“Lord, help me love You now, in this moment.”

Daily Reflection

At the end of each day, write a few honest sentences:

- When did I notice God today?
- When did I forget Him?
- What is God showing me about my life?

Be honest. This is not about being impressive; it’s about being real.

Weekly Reflection

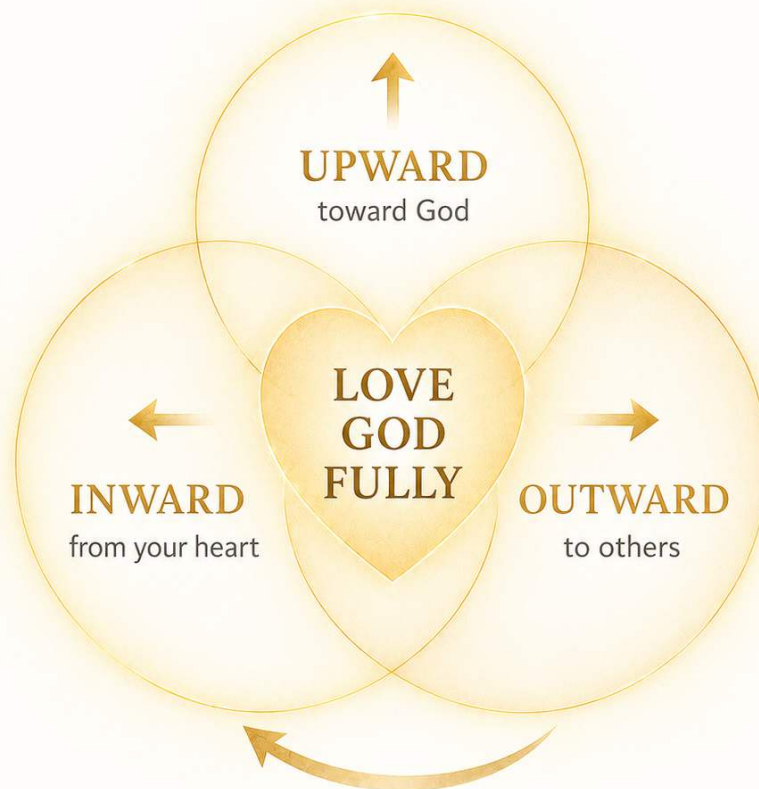
How would you describe your current rhythm of investing time with God?

Where did you become more aware of Him this week?

What areas would you like to grow in over the next six weeks?

Where Worship Begins

A life of worship moves in three directions.



We love God at the center of it all.



Completed Daily Entry Example:

Scripture

Romans 12:1

Key Insight

Worship is offering your whole life to God.

Reflection

What does this passage show you about God?

God desires my whole life—not just parts of it. He is worthy of everything I offer, not just what I give Him in church or in prayer.

What might God be saying to you?

I think God is showing me that I tend to separate my “spiritual life” from the rest of my life. I give Him time in the morning, but I don’t always think about Him throughout the day.

How will you respond today?

Today I want to be more aware of my attitude—especially in my work and interactions with others. I want to offer those moments to God instead of just dutifully going through the motions.

A Simple Prayer

Maybe start your prayer with this...

“Lord, thank You for who You are.

You deserve more than just part of my life.

Help me to be aware of You throughout my day and to offer everything I do to You.”

As You Go Through Your Day

I want to remember this throughout the day:
Worship is not just what I do in quiet time—it's how I live.

I'll try to pause a few times today and ask:
"Am I honoring God in this moment?"

Week 1 Daily Pages

DAY 1

Scripture

Romans 12:1

Key Insight

Worship is offering your whole life to God.

Reflection

What does this passage show you about God?

What might God be saying to you?

How will you respond today?

A Simple Prayer

Take a moment to speak honestly with God. Maybe start with this...

“Lord, thank You for who You are.

Help me to offer my life to You today.

Show me what it means to live in a way that honors You.”

As You Go Through Your Day

Simply remain aware:

How can I offer this moment to God?

Worship is not just something you do—it is something you live.

DAY 2

Scripture

Psalms 63:1

Key Insight

A heart that longs for God is the beginning of worship.

Reflection

What does this passage show you about God?

What might God be saying to you?

How will you respond today?

A Simple Prayer

*“God, I want to know You more.
Awaken a deeper desire for You in my heart.
Help me to seek You throughout my day.”*

As You Go Through Your Day

Pay attention to your desire for God today.
When do you feel drawn toward Him?

When do you feel distracted?

Simply notice.

DAY 3

Scripture

John 4:23–24

Key Insight

True worship begins in the heart and is expressed in truth.

Reflection

What does this passage show you about God?

What might God be saying to you?

How will you respond today?

A Simple Prayer

*“Father, teach me to worship You in spirit and in truth.
Shape my heart to be sincere and honest before You.”*

As You Go Through Your Day

As you move through your day, consider:
Is my worship coming from my heart, or just my actions?
God is looking for something real—not perfect.

DAY 4

Scripture

Psalm 103:1–2

Key Insight

Worship grows as we remember who God is and what He has done.

Reflection

What does this passage show you about God?

What might God be saying to you?

How will you respond today?

A Simple Prayer

*“Lord, I praise You for who You are.
Help me not to forget Your goodness in my life.”*

As You Go Through Your Day

Take time today to remember:
What has God done for you?
Let gratitude shape your thoughts and your response.

DAY 5

Scripture

Colossians 3:17

Key Insight

Worship includes everything we do.

Reflection

What does this passage show you about God?

What might God be saying to you?

How will you respond today?

A Simple Prayer

*“God, help me to live today in a way that honors You.
In everything I do, let my life reflect my love for You.”*

As You Go Through Your Day

Throughout your day, ask:

How can I honor God in this moment?

In your:

words

actions

attitude

Worship is not just a moment—it is a way of living.

Gathering the Threads

This week, we practiced learning to acknowledge God first. Worship begins when God reveals Himself, and we slow down enough to notice, acknowledge, and respond to Him.

Key threads:

- God initiates worship.
- Noticing becomes worship when we acknowledge Him.
- Gratitude moves us from the gift to the Giver.
- Worship begins inwardly before it overflows outwardly.