

refocus intro dwa...

n`v†jv, eÜyiv | Avwg Wz†qb †gv†iv | 2021 mv†ji wi†dvKvm AbjvBb wiwUªU G
†hvM`vb Kivi Rb` Avwg Avcbv†`i†K ab`ev` RvbvB | Avwg mKj e`w³†K ab`ev` RvbvB
hviv Avgv†`i†K mewKQz my`ifv†e cwiPvjbv Ki†Z mvnvh` K†i†Qb | A†bK e`w³iv
Avgv†`i†K m½xZ, Mvb †jLv, †bZ...Zi †`lqv BZ`vw` Kv†R mvnvh` K†i†Q | g`vU
†gvwim, W. evwb©b l†qBwj, gvBK nvij`vŪ, W. †hv†md DBjvmn Avil K†qKRb
e`w³†K Avwg ab`ev` Rvbv†Z PvB | Avwg Avgv†`i`úbmi DBwjqvg K`vwi
wek^we`vjq Ges wg†mm wnwc, BwŪqvbvi nvwbsUb wek^we`vjq,
K`vwj†dvwb©qv e`vwp÷ wek^we`vjq, Uªv†fKv bvRwib wek^we`vjq, gvqvvgi
Uª`v†qb wnjm& PvP© Ges †m>Uvi †dv_© Avwd«Kvb Av†gwiKvb cÖksmv-Avivabvi
wek^we`vjq†K ab`ev` RvbvB | cÖfzi mv†\_ mgq KvUv†bvi Rb` PgrKvi GK Kbm†U©
Avgv†`i†K hviv mvnvh` K†i†Qb Zv†`i†Kl Avwg ab`ev` RvbvB | Avgv†`i mv†_ 15wUi l
†ewk †`k hy³ i†q†Q | Zv†`i g†a` †Kwbqv, eªvWRj, Rvg©vwb, evsjv†`k, cvwK`Ívb,
Rvwª^qv, `wÿY Avwd«Kv, fviZ, Bw_qwcqv, Nvbv, wRª^vey†q, KvbwWvmn
wewfbœ †`k i†q†Q | Avcbviv †hLv†b †\_†KB AskMÖnY Kiæb bv †Kb Avcbv†`i
cÖ†Z`K†K ab`ev` | GB wiwUªUwU †d-vwiWvi †cbwmK†ji Awjf e`vwp÷ PvP© †_†K
mivmwi mªúªPvi Kiv n†e | Avgiv Rb Ges †MvUv `†ji cÖwZ K...ZÁ | Avwg Avcbv†`i†K
mvaviY wKQz wb†`©kbv wb†q K_v eje | GB wiwUªUwUi wKQz Ask Av†MB †iKW©
Kiv n†q†Q hv†Z K†i Gi g~j wkÿvi welq,†jv Ab`vb` fvlvq Abyevw`Z nq | Avcwb hw`
Bs†iwR†Z fvlvq myweav†eva K†ib Zvn†j Avcwb ZvB Ki†Z cv†ib | hw` Avcwb Avgv†K
Avcbvi fvlvq K_v ej†Z †`†Lb Zvn†j Gi gv†b nj Avcwb Avcbvi fvlvq †`Levi Rb` GB
l†qe†c†R wK-K K†i†Qb | GB b`vwf†Mkb †cB†R iaygvî GB wiwUª†Ui g~j wkÿv,†jv
Av†M †iKW© Kiv n†q†Q | GLv†b me Z_`,†jv †`qv Av†Q | wKš' Gi cil Avcwb hw`
eyS†Z bv cv†ib Z†e Avcbvi `j†bZvi mv†\_ †hvMv†hvM Kiæb bZyev Avcwb Avgv†`i†K
B-†gBj Ki†Z cv†ib | GB wkÿvwU mevi Rb` | GB wiwUª†Ui gva`†g Avcwb Ab`†K
Lªx†ói wel†q cÖfweZ Kivi Rb` cÖ†qvRbxq A†bK wKQz wKL†Z cvi†eb | Gi gva`†g
Avcwb eyS†Z cvi†eb †h, Ck^i iaygvî kv`¿wfwËKB bb, wKš' wZwb ev`Í†e Avcbvi
mv†_B Av†Qb | Zvi ev†K`i wel†q a`vb Kiv A†bKUv Lvevi Lvlqvi gZ | 1g wcZi 2:2 c†`
Avgiv GB welqwU †`L†Z cvB | Ck^†ii evK` a`vb Kivi Rb` Avgv†`i mgq †ei Kiv `iKvi |
Avgvi Kv†Q GKwU †evj Ges GKwU `úÄ Av†Q | GwU wKš' †ek iK†bv Ges iwOb |
Av†iKwU `úÄ †ek fvix KviY GwU R†j wf†R wM†q†Q | R†j Wz†e _vKvi Kvi†YB GUvi
GB Ae`v | Gi g†a` Lye mnR GKwU D`vniY i†q†Q | Avcwb hw` R†ji g†a` bv_v†Kb
Zvn†j Avcwb iK†bv _vK†eb | hw` Avgiv Ck^†ii m†Z` cwic~Y© n†Z PvB Zvn†j
Avgv†`i†K Ck^†ii Dcw`wZ†Z Wz†e _vK†Z n†e Ges †mUv Avgiv Zvui evK` wb†q

a"vb Kivi gva"tg KiZ cvwi| Zvn+j Kxfvte Avgiv GUv KiZ cvwi? GLv+b wZbwU welq
i+q+Q th,jv+K Avwg GKRB +bZvi Lvevi wn+mte AvL"vwqZ KiwQ| cÖ_g welqwU nj
AvwZ¥Kfvte m¥vb Kiv| Avcwb hLb Avcbvi cv+ci wel+q AbyZvc Ki+eb ZLb Ck^i
Avcbv+K wbðqB ygvi Ki+eb| Avi ZLb Avcwb Avcbvi Aš+ti kvwš+ Abyfe Ki+eb| wØZxq
welqwU nj Ck^+ii mv+_ nvuUv Ges K_v ejv| GwU Avcbvi Rxe+b cÖfve +dj+e| Avi
Z...Zxq welqwU nj ,jæZic~Y© wel+q +bvU Kiv| GwU Avcbvi Rxe+bi +gvo Nyiv+bv
+Kvb w`b ev mßvn+K g+b Kwi+q w`+Z mvnvh" Ki+e| GQvov GwU Avcbv+K GKRB fvj
+bZv ev cwiPh©vKvix wn+mte M+o IVvi Rb" ev`lvweK civgk© w`+q mvnvh" Ki+e|
Ck^i Ges gÛjxi Rb" GKRB fvj +mevKvix n+q DV+Z Avcbv+K mvnvh" Ki+e| Avwg
Avcbv+`i Rb" cÖv\_©bv KiwQ: cÖfz Avgv+`i cwiw`wZ nqZ A+bK Lvivc n+Z cv+i|
wKš' Avgiv hv Kíbv KiZ cvwi bv +mUv Zzwg K+ti _vK| Avgv+`i Rxe+b `ytL, nvZvkv
+e`bv, Avb>, fvj mgq hv-B hvK bv +Kb, Zzwg Avgv+`i Rxe+bi +gvo Nywi+q `vI Ges
Avgv+`i Øviv Zzwg hv KiZ Pvl, Avgv+`i+K w`+q Zzwg +jvK+`i Kv+Q Kx cÖKvk KiZ
Pvl Ges +Zvgvi mšlvb wn+mte Avgv+`i+K Zzwg +Kgb e"w³ wn+mte +`L+Z Pvl Ges
Kxfvte Avgiv Avil +ewk K+ti +Zvgvi +Mšie KiZ cvwi +m wel+q Avgv+`i+K mvnvh"
Ki| cÖfy, Avgiv +Zvgv+K fvjevwm Ges +Zvgvi Dci Avgv+`i wek^vm Av+Q| cÖfz GB
cÖv_©bv Avgiv +Zvgvi bv+g PvB| Av+gb| GLb Avcwb Avcbvi wiwU³U Ges
Awa+ekb,jv Dc+fvM Kiæb, AskMÖnY Kiæb Ges D"P^+ti Mvb Avi +`Lyb Ck^i
Avcbvi Rxe+b KZUv Avðh©fvte KvR K+ib|